STEP 1 Handshake position

STEP 2 Bring the sugar paste

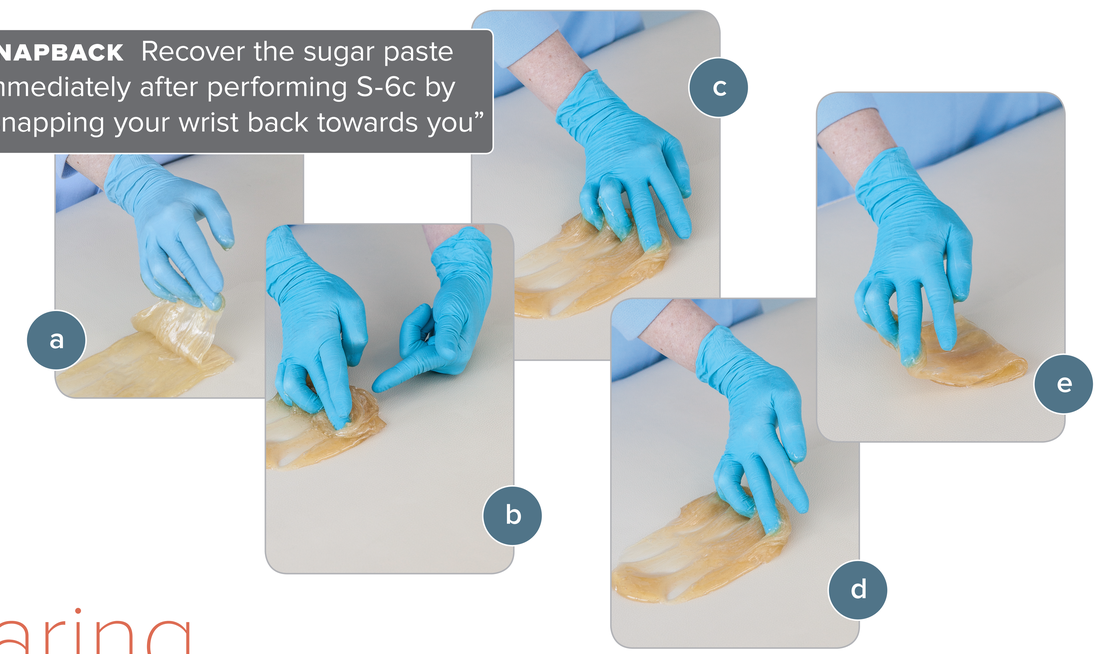
STEP 3 Relax. Release pressure without removing hand from sugar paste and drop your wrist forward - not your hand

STEP 4 Release hand from sugar paste

STEP 5 Roll paste past the sugar paste strip

STEP 6 KICK-OFF Once you begin S-6, COMMIT. Do not stop in the middle of S-6

SNAPBACK Recover the sugar paste immediately after performing S-6c by "snapping your wrist back towards you"



6 Steps to Perfect Sugaring

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